

# insight

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LAUNCH

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PRACOL

PRAYAANA-  
ENTREPRENEURS  
OF THE MONTH

SEPT EVENTS

MEDIA  
COVERAGE

UPCOMING  
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CAREERS

Article of the Month

*Girl and Marriage*

# Article of the Month



## GIRL & MARRIAGE

# What is the right age for a girl's marriage?? Is there any right age??

This is one question that every parent who has a girl child asks. Many communities in the world advocate for girls getting married at a young age as soon as they attain puberty. The reasons are many.

I am now thinking aloud some of the points and counter points in this matter.

**Point One:** A girl after puberty is ready for bearing a child scientifically..and hence she can get married.

**Counter Point One:** But she needs to be prepared mentally, emotionally, physically and socially before that. (Incidentally, yesterday there was a news about a 12 yr kid,who was sexually abused, giving birth to a baby and yes, it happened in Kerala! ..So, what should the baby call the kid- "Amma" or "Sister" ?)

**Point two:** A girl after puberty is ready for marriage, coz the earlier the parents can marry off their girl, the better.. especially in the minority communities and where there are many kids and the system of dowry is hard.

**Counter point two:** But, have you ever asked how comfortable she is in that marriage ? If at all there is a problem , all that the parents can advise is ,"Try to adjust dear.. all this is part of married life" . And how many such marriages are actually "happy marriages"? 90% of such marriages could be just "adjustment marriages ",coz, they can't get separated, and that's coz they already have kids to take care.

**Point Three:** An early marriage helps the girl settle down in life faster.

**Counter Point three:** What do u mean by settling down? Marriage needs a real strong sense of managing relationships, nurturing a family and is actually more challenging than being a bachelor. In most families, the wife is the silent bearer of all the tensions, worries, difficulties and what not.. Most husbands show their tensions on their wives. So, are these under aged wives ready to face such situations?

**Point four:** An early marriage helps the community in better sexual discipline.

**Counter point four:** There are hundreds of examples of domestic violence, marital rape and other sexual offences which are occurring to married women. An early marriage may give a discipline to men and women who gets a vent out for their sexual desire .. but marriage is not just about sex and the better way is to legalize prostitution.. !

**Point five:** A girl's primary role in society is to build and nurture a family ..the earlier the better!

**Counter Point five:** But, did you ask the girl about her dreams about her life? Or did you just instill such a thought into her mind? (unfortunately, our society instills this thought into the girl's mind right from the time she is born!). Most of the women who have unfulfilled dreams about their life (career or family) actually end up as poor mothers for their kids. The kids of such mothers feel neglected and may develop a personality disorder. In some cases, the wife develops many types of somatoform disorders (physical illness that may be purely due to mental reasons) or may become hypochondriacs, creating a disturbed family environment.. A kid brought up in such a scenario can never be a good citizen of this society for sure!...

Points and counter points can go on and on...Recently I met a girl - a young girl (may be 22 yrs old) ,who got married around 6 months back. She had a band aid on her wrist. I funnily asked her, "hey, what's this? did you try to suicide?" .To my surprise, she nodded "yes". Reason? - She had a fight with her husband (again ,a young guy who is only 26/27yrs) .

**Reason for fight ?** - because she danced at her office function, without telling him. Both of them had a big fight and ended up in crying and trying to suicide. A girl at the age of 22 is still young ,according to me, to take up the challenging role of a wife.

I also know of many girls who got married even younger and are happy wives. Marriage needs sacrificing of personal freedom and has to be built on mutual partnership and respect. Not just that, it also needs a lot of patience, nurturing, caring of each other and the kids. This partnership is more relevant in the case of educated girls, who have their career aspirations as well. Many of the middle aged women I meet these days share a story of being dissatisfied with their marital life and that they are taking it ahead, only for their children. The reasons they share are varied :- incompatibility with husband, husband not understanding their needs , unable to pursue their career, incompatibility with in-laws, or even financial problems.

So, the right age of a marriage of a girl is when she is ready to take up the "real challenge" and "finds a suitable partner" . Such a marriage will be an ideal one and all others will end up as "adjustment ones" .

**Ms.Chandra Vadhana R**  
**Chief Mentor, Prayaana Labs**

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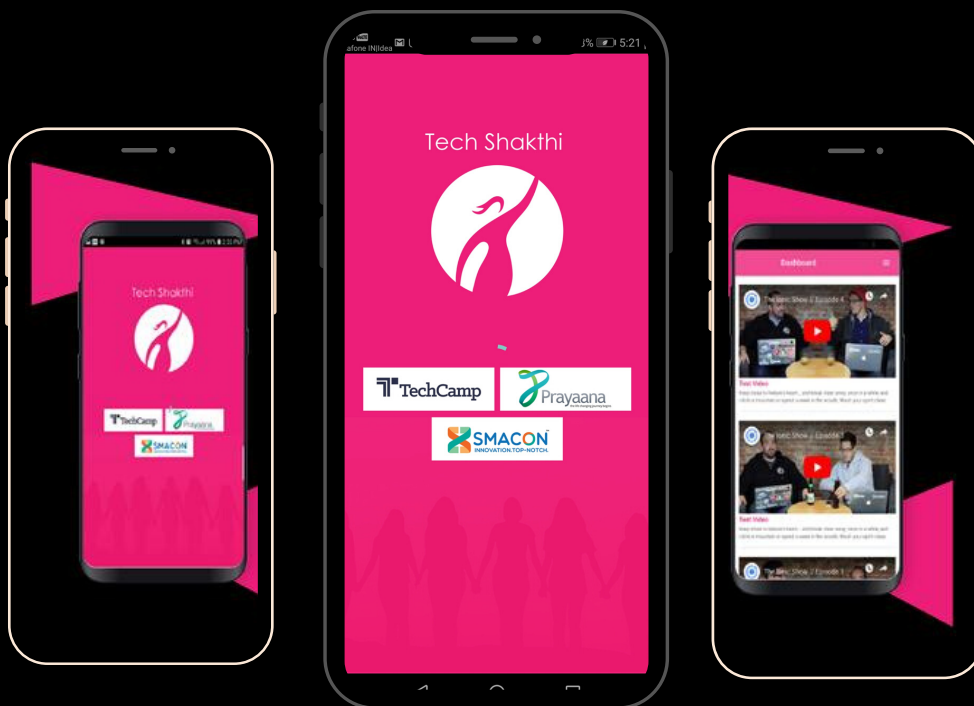
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# PRAYAANA- ENTREPRENEUR OF THE MONTH



## MEET THE BUDDING ENTREPRENEURS

### MS SUMA PAULOSE & MS JINI MANOJ

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“To nurture a student into a fully equipped professional”

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“To meticulously impart knowledge to the student community about the present industry standards and competitive atmosphere”

# PRAYAANA- ENTREPRENEUR OF THE MONTH



## **MEET THE BUDDING ENTREPRENEUR MS. RENUKA DEVI**

Ms. Renuka Devi is a psychologist, motivational expert ,trainer and family and child counselor. Currently she is running her own venture Rewriting My Future ,it is a life skill institution . It provides very rarer programs self awareness,personality development, mind reprogramming, smart learning technique and success mastery. And also they have 30 days counselling program for students which helps to resolve personal or interpersonal problems,enhance social skills,learn to empathize with others and find social support through healthy peer relationship.

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# SEPTEMBER EVENTS



# UPCOMING EVENTS



## ONLINE SHORT FILM CONTEST

THEME

### A GIRL'S DREAM



#### REG-FEE:

200₹/TEAM

#### REGISTER BEFORE

11/10/2019

#### FILM SHOULD

- HAVE A FEMALE LEAD
- BE LESS THAN 30 MINS

THE PARTICIPANTS SHOULD BE STUDENTS DOING BACHELORS OR MASTERS DEGREE IN ANY COLLEGE.

RESULTS WILL BE PUBLISHED AT MITS VARIKOLI ON 12/10/2019

**SUBMIT YOUR FILM AT:** [aashnanaushad@gmail.com](mailto:aashnanaushad@gmail.com) , [donacharles09@gmail.com](mailto:donacharles09@gmail.com)

BEST 30 FILMS WOULD BE ADDED TO OUR YOUTUBE CHANNEL WITH YOUR PERMISSION.

#### CONTACT:

AASHNA NAUSHAD : 8921871926

DONA CHARLES : 9048533109

SIVANANDINI : 7034540307

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- **TALKS**
- **INTERACTIVE SESSIONS**
- **PANEL DISCUSSION**

**Date : OCTOBER 11 FRIDAY,  
2.00 PM- 5 PM**

**VENUE : KMEA ENGINEERING COLLEGE**

**To Book Your Seats**

**8921835318**

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Location- Cochin

Experience-Minimum 3 years

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Contact no- 8590339393

Last date: September 10th 2019.

## **OFFICE ASSISTANT**

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Looking for a female/male staff.

Location- Cochin

Apply to- [my4tunejobs@gmail.com](mailto:my4tunejobs@gmail.com)

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Looking for a female/male staff.

Location- Cochin

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# CAREERS

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## IOS DEVELOPER

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Experience-Minimum 3 years

Salary-55000

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Salary-45000

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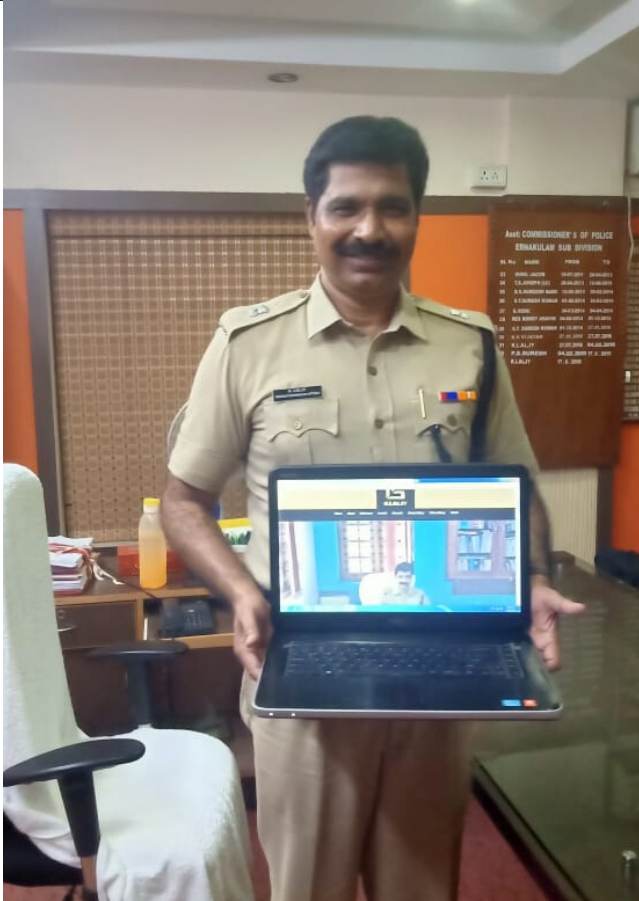
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SEPTEMBER EVENTS

# MOMENTS OF THE MONTH



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~ Jack Canfield*

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